



STAFF REPORT

SAUSALITO CITY COUNCIL

AGENDA TITLE:

Award Grants from the Holiday Parking Donation Fund to Three Non Profit Organizations that Provide Services to the Underserved

RECOMMENDED MOTION:

Approve award of grants totaling \$6,000 from the accrued funds in the Holiday Parking Donation Fund to the following Non Profits:

- \$2,000, Homeward Bound of Marin
 - \$2,000, Ritter Center
 - \$2,000, MarinLink, Project Homeless Connect
-

SUMMARY

During the past decade, it has been the practice of the City of Sausalito to waive all or a portion of parking fees for the holiday season. This year, the City Council has approved waiver of the meter charges for the street parking meters through the month of December. Any money donated to the street parking meters during this time has been designated for the "Holiday Parking Donation Fund".

This report represents three nonprofit agencies that provide services for the less fortunate in our community and for the County of Marin. City staff has identified the following three service providers; Homeward Bound of Marin, The Ritter Center, and MarinLink, Project Homeless Connect as worthy recipients of a portion of the monies in the "Holiday Parking Donation Fund." Staff recommends that the Council can either approve or deny the request to award grants and/or it can give direction to staff regarding the solicitation of additional grant requests from other non-profit groups.

BACKGROUND

History of the Holiday Parking Donation Fund Awards

In the past, the Sausalito City Council has designated "grants" from this Holiday Parking Donation Fund to various non-profit and/or civic groups.

The Holiday Parking Donation Fund has accrued to a total of approximately \$11,000, and it is anticipated that the street parking meters in the downtown district might yield additional donations during the 2010 holiday season. Such donations have averaged \$1,000 to \$5,000 per past holiday season.

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Current Recommendation for City of Sausalito Grants Recipients

Homeward Bound of Marin is a unique organization that states its mission as follows: *"Proving keys to ending homelessness: training, housing, and hope."* The organization established the New Beginnings Center at Hamilton Field in Novato in April 2000. In 2007, Homeward Bound launched "The Next Key" Center. The goal of The Next Key Center is to allow more members of Marin's homeless population to gain the skills needed to earn a living wage and to achieve self-sufficiency.

The New Beginnings Center has demonstrated great success in helping homeless adults return to housing and employment.

The Ritter Center

Ritter Center was established in 1980 serves low-income to no-income families and individuals in Marin County who are homeless or at-risk of becoming homeless. All of our registered clients fall well below the Marin County self-sufficiency standard for their household size. Despite their best efforts, low wages keep them struggling from paycheck to paycheck. Those with jobs are most often employed without health insurance and other benefits. They often lack reliable transportation, especially problematic here in Marin. Any unforeseen expense becomes a serious financial obstacle that threatens their ability to pay rent or put food on the table. Ritter Center assists more than 4,000 individuals each year. The Ritter Center's main outcomes are transitioning people into housing, employment, and health, mental health and substance abuse treatment as well as improving people's day to day living conditions.

MarinLink: Project Homeless Connect

MarinLink is the Marin County California nonprofit organization finding and filling unmet community needs:

- Helping other nonprofits as an incubator
- Connecting people to resources
- Facilitating the best use of resources and expertise
- Engaging businesses, nonprofits, and community members

Project Homeless Connect is an initiative that is organized by MarinLink in close collaboration with the Department of Health and Human Services, other government agencies, the private sector and community nonprofits and individuals. The goals of PHC are three fold:

- Improve access to services for homeless citizens
- Engage and increase the involvement of the business, nonprofit community, and individual volunteers to work together to provide access to services for the homeless

- To leverage private, corporate and foundation money and in-kind support to augment city efforts to increase housing options and build service capacity for the homeless

ISSUES

N/A

FISCAL IMPACT

The Holiday Parking Fund Balance is \$11,000 as of this report. If the City Council decides to grant the suggested \$6,000 to the three community organizations the unexpended balance in the Holiday Parking Donation Fund would then be approximately \$5,000, with anticipated additional donations to the fund from the 2010 holiday season.

STAFF RECOMMENDATIONS

1. Award \$6,000 of the accrued funds from previous Holiday Parking Donation Fund to; Homeward Bound of Marin, The Ritter Center, and to MarinLink, Project Homeless Connect.
2. Alternatively, deny or postpone a decision on the request and direct staff as to the manner in which Council would like to proceed to award grants from the Holiday Parking Donation Fund.

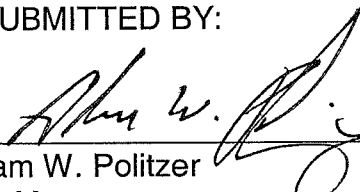
ATTACHMENTS

Information about Homeward Bound

Information about Ritter Center

Information about Project Homeless Connect 3 - Sausalito

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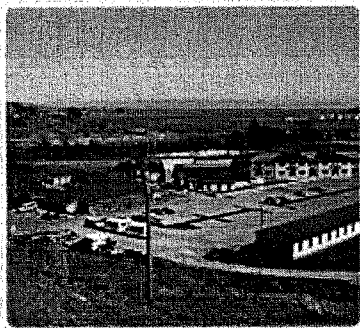
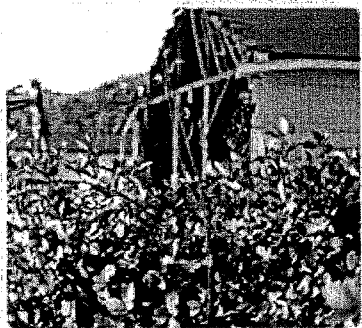


Adam W. Politzer
City Manager

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History of Homeward Bound



Our first shelter for four families opened in 1974 in San Rafael as Marin County's interfaith community sought with vision and compassion to address the problem of homelessness.

Initially named the Marin Housing Center, our agency was formed to embark on an effort to serve those facing homelessness, which included erecting a winter shelter in a 5,000-square foot tent that rotated through various cities. It operated at the National Guard Armory in San Rafael from 1987 to 1991, at the former World College West campus in 1992, and at the Marin Civic Center in 1993. Late that year it finally arrived at the former Hamilton Naval Air Base on a plot of land surrounded by barbed wire -- an internment camp for the homeless!

In 1994, Novato city officials began work on plans for civilian use of the Hamilton base. After lengthy talks, the council committed to develop a shelter and signed a 99-year land lease at \$1 per year on an 18,000-square-foot parcel for this purpose.

Yet the county and agencies like Marin Housing Center continued to grapple with the realization that shelter alone did not solve homelessness. The answer lay in opening doors to new futures and livelihoods for independent living.

In 1996, reflecting these goals, the Marin Housing Center became Homeward Bound of Marin, with a mission of **"Opening doors to safety, dignity, hope and independence."**

Homeward Bound of Marin was selected to operate the new Hamilton center, which was envisioned as a campus with shelter, job-training facilities and on-site jobs for homeless individuals. New Beginnings Center opened in 2000 with help from myriad Marin businesses, government and service agencies, schools and community groups.

Its success immediately led to talk of "the next step" for people completing their journeys from



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crisis to stability to thriving. This concept became *The Next Key Center*, which opened in November 2008 with 32 affordable studio apartments, room to grow the Fresh Starts Culinary Academy and space to expand social enterprise businesses like Fresh Starts Catering and the production of chocolate Halo Truffles. It also included new administrative offices for Homeward Bound of Marin.

Homeward Bound programs continued to expand to meet the growing need for homeless services and additional program areas were developed. The 40-bed Mill Street Center, the county's only emergency shelter for adults, opened in 1986. An emergency shelter program for families began operating from two motels in Marin in 1993 and continues today as the 14-room Family Emergency Center in San Rafael.

Our original 4-family shelter has become the second-step Family Resource Center and renovations have allowed us to provide nine family rooms at this program.

We began serving people with persistent mental illness in 1987 at the former Carmel Hotel in San Rafael, now called the Voyager Carmel Center. Our Palm Court permanent supportive housing program for people with persistent mental illness opened in 2001.

Homeward Bound also focuses on permanent solutions to homelessness by providing long-term transitional and permanent housing for families and adults.

Fourth Street Center in San Rafael, with 20 single-room units, opened as Homeward Bound's first permanent housing program in 1995; while the Meadow Park and Family Park transitional housing programs opened between 2002 and 2004 for adults and families in transition.

In recent years Homeward Bound has partnered with affordable housing developers to provide permanent shelter solutions for homeless families and adults. Beginning in 2007, we entered a partnership with EAH where Homeward Bound staff provides supportive services to formerly homeless families resident in their "San Clemente Village" program in Corte Madera.

In a similar model, Homeward Bound will partner with Citizen's Housing Corp. to provide services to formerly homeless families and seniors at their "Fireside Apartments" in Mill Valley - a permanent affordable housing center, set to open in Spring 2009.

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Services for Homeless Families

Homeward Bound's Family Services Program operates primarily out of two centers: the 13-room [Family Emergency Center](#) and the 9-room [Family Resource Center](#). We also offer four [Transitional and permanent housing programs](#) for families.

The experience of being homeless has a traumatizing effect on both adults and children. Our Family Services Program creates an environment where trauma is neutralized and consistent support is provided.

Counselors organize educational and fun activities for children, such as a Teen Activity Group for weekly outings and a weekend photography workshop, that enrich their lives and give them a sense of community. Families create action plans that might include improving parenting skills, finding consistent child care, accessing health care, counseling, job training and securing housing.

Family Emergency Center



The "front door" of our Family Services Program, the Family Emergency Center or FEC provides short-term, emergency housing for 13 families at a local motel. Residents may stay up to six months before moving to transitional housing,

In a collaboration with Head Start, families with children under 5 years old have access to consistent, caring child care on site.

Also located at the FEC is School Bound, our one-room schoolhouse that serves children from kindergarten through 12th grade.

Homeward Bound rejoices in the success of children enrolled in these programs, which are designed to ensure that they integrate into the public school system and maintain their education with minimal disruption. At the close of the last four school years, all of our children have progressed to the next grade!

[737 E. Francisco Boulevard](#)
[San Rafael, CA 94901](#)
[415-454-7418](#)

Family Resource Center



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The next step for families in our Family Services Program is the Family Resource Center, a 25-bed transitional home where residents may stay up to two years.

Families in this program receive comprehensive support that includes parenting classes, job training and job search support, child care, credit cleanup, money management instruction, access to health care, counseling, support for substance abuse recovery, and other services. Children at this center have a play space created by the Bright Horizons Foundation, access to homework help and enjoy staff-led enrichment activities.

430 Mission Avenue
San Rafael, CA 94901
415-457-2115

Transitional and Permanent Housing for Families



Because affordable housing options are limited, Homeward Bound has extended its options for families in transition. While at these sites, families continue to receive support services that may include nutrition coaching and help with meal planning, counseling, job training and job retention support, and credit repair or money management classes. Our programs include:

Meadow Park -- Located in the Hamilton area of Novato, Meadow Park is a community of 60 affordable housing units for families. Four of these units are reserved for families transitioning from Homeward Bound's Family Services Program. An on-site counselor gives them the support they need to maintain stable housing.

Family Park -- Located at two sites in San Rafael, Family Park provides transitional housing to eight Marin families.

San Clemente Family Village - In partnership with EAH Housing, the developer of San Clemente Family Village, Homeward Bound provides services to four formerly homeless families at this site in Corte Madera.

Fireside Apartments - A collaboration with Eden Housing, which develops and manages affordable housing throughout California, the Fireside project offers 10 units of permanent supportive housing for families exiting Homeward Bound's programs. Residents receive ongoing services from on-site Homeward Bound staff.

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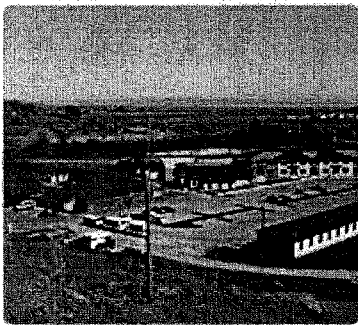
Cool Stuff About Homeward Bound

Homeward Bound has a reputation for breaking ground in the path to end homelessness with programs that meet the challenges of this journey, and draw on the community support that fuels it, in new and interesting ways.

Our list of cool stuff includes: [First Shelter Opened on a Decommissioned Military Base](#); [Creative Writing Workshops](#); [an Organic Produce Garden](#); [the First Nonprofit IPO](#); and [Public Art by Mildred Howard](#).

First Shelter Opened on a Decommissioned Military Base

When Congress passed the 1994 Base Closure Act, it put homeless services at the front of the line for using surplus federal properties. The Marin community wasted no time in making use of this provision.



New Beginnings Center opened in 2000 as the first homeless shelter in the country built on a decommissioned military base. The distinction remains relevant as the rate of veterans among the country's homeless ranks continues to measure more than 25%.

More than 50 former bases now house homeless services, ensuring that these properties graduate from swords to plowshares doing important work on behalf of their communities.

Creative Writing Workshops

Life at a homeless shelter may seem far from poetic, but Homeward Bound has found expressive writing provides a valuable tool for people seeking stability and ways to step forward.



"This class gives me time to meditate, write freely, write poems, write my feelings and experiences," wrote Jenine, a family shelter resident who participated in a weekly 90-minute workshop.



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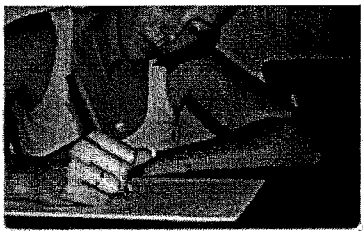
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"As I do all of the above, I feel it has allowed me to focus better, relax, prioritize and put my thoughts into action regarding getting stable housing for my children and myself," she wrote.

Offered first at Mill Street Center and the Family Resource Center by resource counselor Robert-Harry Rovin, the workshops later expanded to include groups at New Beginnings Center with help from therapist and teacher Suzanne Maggio-Hucek.

"People seemed to welcome the chance to express themselves," Robert-Harry says. "It is so exciting seeing people starting to disidentify themselves as homeless, troubled, addicts, whatever, and begin to embrace themselves as creators."

Maggio-Hucek occasionally has described her experience with the group in an Internet blog, which includes excerpts like this: "We share stories of our lives and in doing so we open each other's eyes to something new, to a different possibility of what can be. Inside this home for those who have none, we're building a community." The blog appears at http://suzannemaggio.typepad.com/blogs/homeless_voices/index.html.

Organic Produce Garden

Visitors to New Beginnings Center cannot miss the 23-row organic garden along the driveway, which produces a year-round harvest ranging from lettuce to green garlic to Asian pears to broccoli.



This plot of abundance, tended with help from many generous volunteer groups, was not part of original plans for the facility. The suggestion to install it came from retired nurseryman Bob Tanem, host of the popular Sunday radio show "Bob Tanem in the Garden" on KSFO radio 560AM in San Francisco.

With help from donated compost, plants, fencing and irrigation equipment, Bob led the charge to turn the 5,000-square-foot stretch of former parking lot into a working garden.

As a believer in the "Plant A Row for the Hungry" program originated by the Garden Writers of America, Bob planned the garden to grow more than enough for New Beginnings Center. It succeeded in its first season by donating 400 pounds of produce to the Marin Community

Food Bank.

The garden where "the homeless feed the hungry" was honored in 2001 with a Mantis Community Gardens Award, one of 12 recognized nationally as a charitable and educational garden that enhances the quality of life in the community. The award is sponsored by the National Gardening Association and Mantis, manufacturer of the Mantis tiller and other garden equipment.

From the beginning, the garden was designed to flourish without chemical pesticides and fertilizers. It includes birdhouses and other features to attract natural predators for harmful insects. These efforts were recognized in 2005 with the Marin County Integrated Pest Management Award by the county Board of Supervisors.

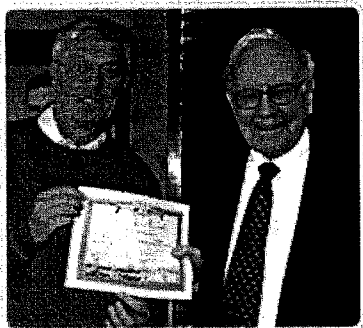
Beyond its capacity to provide food, the garden has become a treasured part of New Beginnings Center. It serves to educate residents enrolled in our Landscaping & Gardening Apprenticeship and provides produce used by students and staff at another job-training program, our Fresh Starts Culinary Academy.

First Nonprofit IPO

Homeward Bound of Marin made philanthropic history when it launched the nation's first nonprofit IPO, an "Immediate Public Opportunity...to end homelessness" by selling fundraising "shares" to close financing for *The Next Key Center*.

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Renowned investor Warren Buffett of Berkshire Hathaway bought the first share to kick off the campaign during Affordable Housing Week in May 2007. Other celebrities followed suit as investors, including rock musician Sammy Hagar and San Francisco Giants pitcher Russ Ortiz.



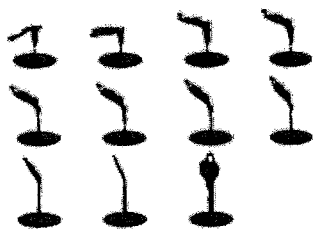
Every IPO investor received a share certificate entitling them to an annual Keyholder Report detailing the progress of residents and will be welcomed to an annual shareholder open house at *The Next Key Center*, which opened in 2008.

The innovative campaign designed to let people "take stock in long-term programs to end homelessness" generated more than \$760,000 in share sales to Marin residents, businesses and others, along with purchases made as far away as England and China. Shares are still available for purchase - visit www.IPOhomeward.com to place an order.

Other nonprofits have borrowed this idea to create IPO-style fundraising initiatives of their own. One example is the [Canadian Women's Foundation](#) who consulted with Homeward Bound before launching their IPO.

Public Art Work by Mildred Howard

Renowned Berkeley artist Mildred Howard created the sculpture at the entrance to *The Next Key Center* in Novato, which takes the form of a series of freestanding bronze keys in shapes progressing from bent to straight.



Ms. Howard committed to the project after touring the adjacent New Beginnings Center, and meeting an acquaintance who - unbeknownst to her - was among the residents there. The work fulfills a city requirement for public art in all non-residential projects.

Design of the keys mirrors the progress envisioned for formerly homeless residents in the center's 32 studio apartments, while also making reference to the thing that our residents strive to possess: keys to their home and to their greater wellbeing.

In a broader sense, she says, the work explores several thought-provoking questions: What constitutes home? How is the feeling of home defined and redefined? Lastly, how is home forgotten, remembered and acquired?

For Howard, "the making of art, as well as the looking at art, both have wonderful healing and restorative powers. Time and time again I have witnessed the profound ways in which art has inculcated a sense of self-worth in those who have previously lacked confidence in themselves. A world without art, a world in which we as human beings are not making art, would indeed be a truly miserable place."

Her work has been added to collections at the Oakland Museum; the De Young Museum; the San Jose Museum of Art; the Wadsworth Athenaeum in Hartford, Connecticut, and other art museums. For more on her work, please see www.gallerypaulanglim.com.

Ms. Howard also joined with Lenehan Architectural Glass in Oakland to create the eye-catching front for the central counter in our community culinary center. Their design uses silverware donated by the public and an etched glass facing.

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About Us

Ritter Center, based in downtown San Rafael, is a community-based nonprofit organization that has assisted Marin's low-income and homeless population for over 30 years. We help the homeless and very low-income residents of Marin – individuals and families – stabilize their lives by offering a number of social services: case management; primary health care; supplementary food and clothing; emergency financial assistance; showers, laundry, and restroom facilities; general delivery mail and voicemail. All of our programs and services are provided free of charge.

Ritter Center is Marin's primary access point for the provision of social services. In addition to the agency's own programs, Ritter Center maintains a thorough referral network to link clients to other vital services available in our community. Ritter Center serves as a critical safety-net for Marin's low-income, homeless, and other at-risk populations and helps those in need to become more self-reliant. Ritter Center's main outcomes are transitioning people into housing, employment, and health, mental health and substance abuse treatment as well as improving people's day to day living conditions.



Ritter Center Spotlight

Make an Online Donation Now!



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The Ritter Center : Helping the less-advantaged of Marin Since 1980. 16 Ritter St, PO Box 3517, San Rafael 94912 - 415.457.8182

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- Case Management
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- Food Pantry
- Day Service Center
- Clothing
- Seasonal Programs

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facebook

Name: Ritter Center



THE MARIN SAFETY NET

Seasonal Programs

Holiday Dinner: December 2010



This program serves our clients that are homeless or without stable housing. Through gift drives Ritter Center receives donations of survival gear, tents, sleeping bags, tarps, jackets, boots, and the like. The program culminates in a Holiday evening for more than 150 individuals and families, most without or estranged from their families. The evening includes a holiday feast, music, slide show and each person receives a survival gear item of their choice: sleeping bag, boots, water-proof jacket, etc.

Read more...

Back To School Program



Today, more than ever, schools require students to come prepared with more of the tools needed to succeed. If a student does not have those tools, they not only fall behind, but are faced with the additional stigma of being from a low-income family.

Most working poor and low-income families in Marin County spend the majority of their income for rent and have little left for basic necessities such as clothing, food, healthcare, and education.

Read more...

Family to Family Holiday Program

Help Marin's less fortunate have a joyous holiday season!



Ritter Center's Family to Family Holiday Program has provided holiday cheer to low income families and individuals in Marin since 1987. Generous donors are matched with families, seniors and disabled persons who may otherwise go without during the holiday season. Play Santa Claus this year and adopt a family for the holidays!

Read more...

Thanksgiving 2010

Thanksgiving is a family time

It is our goal to ensure that all of our clients have an opportunity to share in this special time of year. To that end, Ritter Center provides over 400 individuals each year with all of the fixings for a traditional Thanksgiving meal.



Your gift of a turkey or gift cards from grocery stores and department stores will help make this program a success. Please bring your donations to Ritter Center between November 11 and November 22, 2010; we are open Mon-Fri 9am-5pm to accept these donations. Many thanks for all your support!

Thanksgiving Distribution

Thanksgiving Distribution Recipients Truly Thankful

A gracious thank you to everyone who helped make this Thanksgiving a special one for our neighbors in need. During the week of Thanksgiving, Ritter Center distributed more than 250 turkeys and traditional holiday fixings to allow more than 400 individual family members celebrate the holiday together. May everyone have a joyful and grateful Thanksgiving holiday!



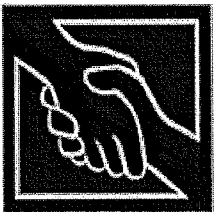
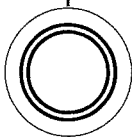
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Project Homeless Connect 3 - Sausalito



**PROJECT
HOMELESS
CONNECT™**

**PREPARED BY MARINLINK
JANUARY 6, 2009**



MarinLink

Project Homeless Connect - Marin

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- Marin County's Project Homeless Connects:
 - PHC1: December 5, 2007 at the First Presbyterian Church in San Rafael
 - PHC2: May 2, 2008 at Our Lady of Loretto Parish Hall in Novato
 - PHC3: November 17, 2008 at the Bay Model Visitor Center in Sausalito
- These events are pilot projects which have been done at the request of Marin County Supervisors and non-profits serving the homeless community, to determine the usefulness of this type of event to Marin's homeless community and Marin's service providers
- MarinLink has been the agency organizing and managing the PHC events.

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Project Homeless Connect - Marin

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- Project Homeless Connect (PHC) is a national best practice model that originated in San Francisco under Mayor Gavin Newsom in October 2004. PHC is now implemented in 170 cities across the United States as well as Canada, Puerto Rico and Australia.
- Project Homeless Connect is a one-day event in which community volunteers, government, non-profits and the private sector come together to provide a one-stop shop of health and human services to the homeless population; in San Francisco, these one-day events are held 5 times a year.
- Services include medical, mental health, substance abuse, housing, dental, benefits, legal, free eyeglasses, California ID, food, clothing, and more.
- The goal of PHC is to provide easy access to services that support the transition of the homeless off the streets and into housing, and to rally the community to support and create lasting solutions for our homeless neighbors.

12/21/2008

Thank you to Organizations/Departments offering services to attendees at the Sausalito event

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Medical Services

County of Marin HHS

HIV – AIDS Van

Dental, cleaning and dental service

Marin County Medical Reserve Corp

Mental Health

Project Independence

CAPA: Collaborative Academic Practice Alliance

Marin City Clinic

Veterans Affairs – San Francisco

Volunteer Physicians

Prevent Blindness Northern

California/Lenscrafters

Health Education

Marin Aids Project

Marin Hepatitis Task Force

PPSI: Pharmacists Planning Services, Inc.

Diabetes Education

CAM Community Action Marin

CARE Outreach Street Team

Department of Motor Vehicles

Homeward Bound of Marin (Shelter)

Image for Success

Legal Aid of Marin

Marin City Community Development Corp

Marin Housing Authority

Salvation Army

St. Vincent de Paul Society of Marin (Help Desk)

Social Security Administration

Veterans Affairs – Marin County & San Francisco

We would like to thank the following groups and individuals for their great support of the event

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City of Sausalito: a special thank you for your warm welcome and embrace of the Project Homeless Connect event

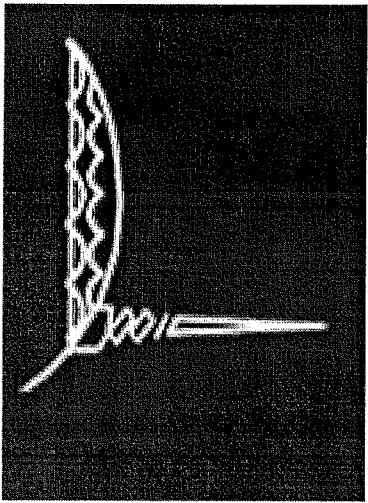
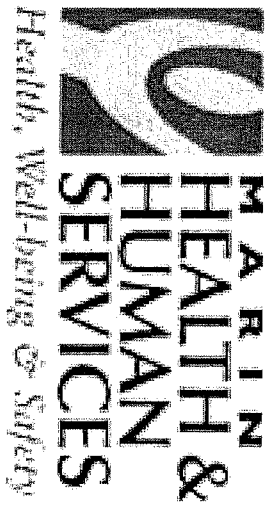
- City of Sausalito Councilmembers: **Jonathan Leone** and **Herb Weiner**
 - City Manager: **Adam Politzer**
 - Sausalito Chamber of Commerce: **Oona Kavanagh**, CEO
 - Mayor of Mill Valley: **Shawn E. Marshall**
 - Marin County Civil Grand Jury:
 - **Woody Weingarten**
 - **Louise Erdman**
 - **Valarie Bergmann**
- And to the Army Corps of Engineers, the Bay Model Visitor Center and especially **Chris Gallagher** for donating the beautiful site and all of the help in planning the event
- And to **Charles McGlashan** and **Leslie Alden** for their work and support of this event

Volunteers Groups and Contributors:

- Salvation Army: coffee, doughnuts and lunch for over 100
 - Center for Volunteer and Non Profit Leadership for help with volunteer coordination and planning
 - The Food Bank for the bags of Groceries
 - Marin Farmers Market for donation of fruit
 - Café de Vino, Starbucks and Mollie Stone for donation of pastries
 - CamelBak for donation of hydration and backpacks
 - Warm Wishes for donation of gloves, scarves and warm clothing
 - Sausalito Womens Group
 - Macerich: The Village at Corte Madera and the Mall at Northgate
 - The Over 40 community volunteers offering their services at the event
- Shuttle Service in Sausalito, Marin City and Tiburon was provided by the **Herb Weiner** of the Sausalito City Council and the CARE Street Outreach Team.

We would also like to thank the County of Marin Health and Human Services and the Bank of Marin for their financial support

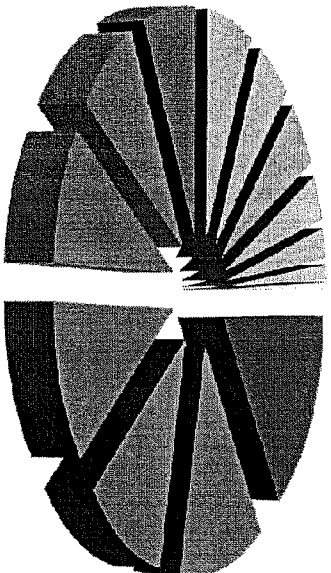
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51 homeless people attended the event, with services requested in the following breakdown

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| Service | Number Requesting | Percent |
|--------------------|-------------------|---------|
| Dental Care | 28 | 55% |
| Housing | 22 | 43% |
| Help Desk | 19 | 37% |
| Health Screening | 19 | 37% |
| Vision | 16 | 31% |
| Employment | 14 | 27% |
| California ID | 13 | 25% |
| Foot Care | 12 | 24% |
| Social Security | 9 | 18% |
| Legal Help | 9 | 18% |
| Mental Health | 6 | 12% |
| Veterans Benefits | 4 | 8% |
| CARE Outreach Team | 2 | 4% |
| HIV-AIDS Testing | 1 | 2% |



- Dental Care
- Housing
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- HIV-AIDS Testing

The CARE street outreach team participated in PHC3 for the first time, and made a tremendous contribution to the event ~~and~~ to participants lives:

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- The CARE team van picked up a young man on their route through Marin City and brought him to PHC3; homeless and recently arrived from Southern California, he talked with several agencies at the event. With the CARE team support he went to the Mill Street Shelter that evening. Seven days later, the young man was still at the shelter; with continued CARE team support he had been able to begin part time employment with the Salvation Army, participate in the Transitional At Risk youth program, transfer and receive benefits from medical, unemployment and the county, and had emailed his family to let them know he was safe. With income coming in, he could be eligible for the New Beginnings Program soon. In his words: "I've never had people care for me this way. I always dreamed of help but I never knew it would come from complete strangers".

- The health screening of one of the PHC participants showed an extremely high blood pressure reading; the CARE team took him to Marin General ER, picked him up when he was released and took him to his boat. Working with the Marin City Clinic, a case worker and nurse practitioners, the client received a referral to a cardiologist. The CARE team has been taking the client to regular doctors appointments and helping him stabilize his health condition. In this case, we might say PHC, service providers and the CARE team literally saved someone's life.

Specific Outcomes in Sausalito included the following:

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- 17 health screenings for **blood pressure and cholesterol** given
- 7 **HIV tests** and 3 **Hepatitis C tests** were given
- 10 **Marin City Clinic follow up appointments** were made from the health screenings, 9 individuals followed through on the appointments and have made the clinic their medical home; issues include hypertension, benign prostatic hyperplasia, asthma, obesity, diabetes, hepatitis C, drug abuse, poor oral hygiene.
- 16 **Dental** treatments were given: 5 exams with x-rays & referral to clinic for full dentures, 4 cleanings with exam & x-ray, 3 extractions, 2 fillings, 1 evaluation with discussion of need, and 1 refusing treatment
- 13 **Flu Shots** given
- 13 **Mental Health interviews** were conducted, providing referral numbers and information/explanations
- 15 individuals were given **CARE street outreach team** information with 2 individuals becoming continuing clients
- 3 individuals went into **shelter** that evening
- 9 **Marin City Development Corporation intake forms** were completed, 4 follow up **Employment** interviews were held
- 2 **California State IDs** were issued
- 10 **Legal** consultations were given. Issues included wage claims, criminal matters, parking tickets, tax issues, housing, and family law matters
- 25 individuals were given **housing information from MHA** with 15 **applications** completed and 10 follow up calls; most individuals called the representative when they received their application receipt in the mail to say thank you.
- 19 **Vision tests** completed; 8 reading glasses given out, 3 referrals to Marin City Clinic, 1 to Lenscrafters
- 8 individuals received **foot care** services

12/21/2008

As in all the PHC events so far, the response to the event from the attendees who completed the check out questionnaire was overwhelmingly positive

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- 100% said the event was helpful

- Most said they had learned about new services:

- ✦ Did not know where to begin in health care – now have an appointment
- ✦ Learned about temporary and long term housing
- ✦ Learned about new trade
- ✦ Great information on health care

- *Suggestions for improvements/services:*

- ✦ **Showers! Would like to have a Ritter House in Sausalito!**
- ✦ Food Stamps & public assistance on site
- ✦ More hydration packs!

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Ten detailed surveys were conducted with PHC participants, which provided the following information regarding their life situation:

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- Shelter: All survey participants were 'anchor-outs'; considered homeless, as they do not have a shelter capable of supporting access to running water, heat or electricity. Two participants indicated they had applications into Marin Housing Authority for a subsidized apartment, the rest planned to stay on their boats.
- Income/Employment: Most earned small levels of monthly income from part-time work on boats or for friends; one person was actively working towards a full time job through a County employment program; two had disability incomes.
 - The individual with the highest level of income (social security disability income of \$1800/month) said he helped others when they needed small amounts of cash, and felt the Sausalito anchor-out community was the best thing that happened to him after he had to leave work; had literally saved his life.
- Food: All survey participants felt that they had access to sufficient (some said 'more than sufficient') food, clothing, bedding, etc. They expressed great appreciation of the support and meals provided by the churches.
- Health Care: Except for the two people with disability incomes, all considered themselves healthy and none visited doctors regularly or knew where they would go for health care if they got sick, except for the emergency room.
 - The health screening, on the other hand, indicated a high percentage of participants had high blood pressure and other indications of poor health; follow up referrals were made to the Marin City Clinic, which waived its \$15 minimum fee for PHC participants.
- Unmet Needs: Most participants indicated that showers would be a major help to the anchor-outs.

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Next Steps:

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- Two more Project Homeless Connect's are planned: January 29, 2009 in San Rafael to support the Homeless Count; and one hybrid event in West Marin in the spring of 2009.
- A proposal will be submitted to the County to continue Project Homeless Connect events for another year. Meetings will be held with the primary service providers to the homeless to develop the proposal; key questions for Marin PHC include holding the event at one centralized location vs. regional events; providing transportation to the event, and follow up services.
- A subcommittee will continue to work on developing the medical services for PHC; the goal is to provide medical treatment and pharmacist services as well as screenings at the event, and to make sure every individual has a medical home.

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Meeting Date:

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