

CITY OF SAUSALITO DISASTER PREPAREDNESS-EMERGENCY OPERATIONS PROGRAM'S

DISASTER SURVIVAL CHECKLIST FOR CITIZENS

The being prepared for the first 72 to 120 hours after an emergency or disaster is crucial for your successful survival of any emergency or disaster. This checklist is designed to take the guess work out of putting together the supplies and tools need to take care of yourself, your loved ones, and your friends and neighbors. Be sure to keep these items in a safe location and within a plastic container secured with an easy to remember combination lock.

ESSENTIALS:

- ☐ Water- 1 gallon per person per day minimum
- ☐ Water purification kit and household bleach
- ☐ Essential medications, extra pair of eyeglasses
- ☐ Portable radio, flashlight & spare batteries
- ☐ Toiletries (All purpose soap, hair care, tooth care, feminine, toilet paper, hygiene, bag for hygiene waste)
- ☐ First aid kit, first aid book, whistle & emergency preparedness book/information
- ☐ Food (one weeks supply per person, non-perishable)
- ☐ Tent, blankets, sleeping bags (1 per person)
- ☐ Change of clothing and backpack
- ☐ Extra set of house & car keys
- ☐ Fire Extinguisher-ABC Type
- ☐ Food, Water, and restraint for pets
- ☐ Cash & change, paper, pen & stamps
- ☐ Baby supplies (diapers, clothes, etc.)
- ☐ Tarps, rain ponchos & warm packs

TOOLS AND SUPPLIES:

- ☐ Axe, shovel, broom, work gloves, sturdy shoes
- ☐ Adjustable wrench for gas shut off
- ☐ Basic tool kit (pliers, screwdriver, and hammer)
- ☐ Coil of ½" rope, knife, and/or razor blades
- ☐ Plastic tape, staple gun, sheeting for window replacement
- ☐ Copy of home insurance policy plus contact number
- ☐ Bicycle & local area/city map
- ☐ Garden hose for siphoning and firefighting
- ☐ Road flares, light sticks, candles & matches
- ☐ Large plastic trash bags & trash cans

COOKING

- ☐ Plastic utensils, cups & plates (for each person in household)
- ☐ Heavy duty aluminum foil, plastic wrap & paper towels
- ☐ Can opener (non-electric)
- ☐ Camp stove for outdoor cooking (Caution: be sure no gas leaks are present before lighting)

